## HOME LEARNING GUIDE 2024











## My Money Week offers a fantastic opportunity for a fun and creative home learning experience.

There are plenty of opportunities to enrich your child's learning by bringing money matters to life in the home.



#### 2024 MY MONEY WEEK THEME

## This year's My Money Week theme is Saving Money and Protecting the Planet

Students will be exploring how to reduce waste and take care of what they have. They will consider how their spending and saving decisions impact the planet and their financial wellbeing as well as others around the globe.

In-school children may be getting involved with a range of My Money Week activities around food waste, managing use of water and electricity and taking care of their belongings - to better understand how they can save money and protect the planet.



### PRACTICAL ACTIVITIES



The home environment offers new and exciting opportunities for learning. Why not find practical ways to bring the topic to life using items in your home as learning aids.

We've put together some ideas for you to try at home on the next pages. The quizzes make a great discussion starter in the home too!

The key is to make the learning experience fun so your child will keep wanting to learn more!





If you want further advice on how to talk to your children about money matters, the Money and Pensions service has created a guide for parents:



www.moneyhelper.org. uk/en/family-andcare/talk-money/ talk-learn-do



**AGES 4-7** 



## ACTIVITY: SAVING MONEY AND PROTECTING THE PLANET

#### **Activity Overview**

Through the question 'What small changes can we make to save money and help protect the planet? children will explore energy and water and how reducing our usage can help save money and the environment

There are lots of opportunities within this activity for children to think about saving energy and water at home.

#### **Parent support**

Complete Challenge Option 1 at home (creating an informative sign to help save money and the planet) and support your child to think of ways to reduce energy and water usage at home.

Click here to download this activity

#### **Practical suggestion**

Walk around your home and encourage your child to see what they can use less of, then challenge them to carry out those ideas in your home.

**AGES 4-7** 



# QUIZ: CARING FOR OUR THINGS

Your child will learn about different things that we need to take care of and how to take care of them.

#### Ideas to try

Talk about each quiz answer in more detail explaining why it's important to take care of things and link this to the cost of things.

Encourage your child to think of things that they think are important to take care of and talk about how they take care of their things at home, school and when out and about. For example, by making sure they put their gloves in their bag when they are not wearing them.

#### **Practical suggestion**

Walk around your home with your child and ask them to name things they see which need to be taken care of. Tell them how you take care of these things (or how they can) and what would happen if you didn't.

Tell your child about a time when you might not have properly looked after something and how this cost you more money in the long run.





**AGES 3-11** 



Money Heroes is a free programme from Young Enterprise, supported by HSBC UK, which seeks to transform financial education for primary aged children.



Read the Money Heroes Super Stories for Climate Heroes book.

Super Stories for Climate Heroes is a chapter book aimed at KS2 children and includes 2 short stories where children will join the characters on a journey to discover how to look after the planet and their money.



You can access the book as an e-book, audiobook or other formats, alongside a range of other resources designed for parents to use with their children via the Money Heroes Website.



Sign up for a parent account here: moneyheroes.org.uk/resources/parents



**AGES 7-11** 



## HOME ACTIVITY: BECOME AN ECO HERO



This activity follows on from Super Stories for Climate Heroes and should be completed after reading the storybook, which is available as an eBook on the Money Heroes platform.

### **Activity overview**

Each of the short stories has a character who is doing their bit to save the planet by taking what could end up in landfill and doing something special with it. Ashok didn't like seeing good food go to waste, both at home and at the restaurant where his brother worked. In this activity, your child will take on the role of an eco-hero, finding ways to reduce waste and save money at home.

#### **Parent support**

By learning how to correctly store food and work out when it is still okay to eat it, your child will help you reduce wasted food and money. They will have a better concept of how much money is lost through waste.

Click here to download this activity





#### **AGES 7-11**



### PRACTICAL ACTIVITY: REPURPOSING UNWANTED CLOTHING

Does your child or your family have clothes which are no longer needed or wanted - what happens to those clothes?

'Upcycling', as well as selling sites like Vinted are really popular now. Is there an opportunity at home for your child or your family to re-purpose or sell any unwanted clothes?

#### Ideas to support the activity:

- Allow your child to choose what is no longer wanted or needed, from their own clothes
- With your support, your child could research how much a new clothing item would cost
- Work out how much time it would take to create a new item from existing 'unwanted' clothes

- Help your child to use the internet to see how much your family's unwanted clothing might be worth on pre-loved selling sites such as Vinted. Encourage your child to think about what they, or your family could do with that money.
- Your child could look at clothing tags and see how far the clothing has travelled. With your help they could research more about the impact this has had on the environment. Here is a link from Oxfam to get you started www.oxfam.org.uk/oxfam-in-action/ oxfam-blog/new-shocking-facts-about-theimpact-of-fast-fashion-on-our-climate/
- Figure out how much money would be saved by upcycling a certain amount of clothing, instead of buying new items, then discuss what that money could be used for instead for example, putting it towards a family day out.

**AGES 7-11** 



### **QUIZ:** BEING WASTEFUL

This exciting quiz will help your child to understand what is meant by 'wasting things' in relation to money and the planet.

#### **Ideas to try**

Explain that water, food and energy aren't free, adults have to pay to have/use them. Discuss how your family can avoid being wasteful at home.

Ask them to think about how wasting less can save money and the planet, by using the internet to research what happens to the environment when for example, we heat our homes or throw food in the bin.

#### **Practical suggestion**

Use this weblink to help your child calculate how much money could be saved by using less energy at home.

heatable.co.uk/boiler-advice/how-muchenergy-do-appliances-use

Then practice 'saving money' by using less energy. For example, if a kettle costs 17p every 10 mins to boil, why not time how long it takes to boil for everyone to enjoy a hot drink? Then challenge everyone in the home to have one less hot drink per day. Work out how much money you would save over a week or month.



Visit the resources section of the website for lots more videos, case studies, resources, and guidance to help teach financial education

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